



LWML May Prayer Walk 2023

Hopefully, Easter has put an extra spring in your step! This is a challenge by LWML for members and friends of St. Paul's Lutheran church to exercise in the Month of May. We are encouraging Sunday school groups, school groups, elders, teachers, LWML members and families to participate and form walking groups or walk as individuals. The goal will be walking but running or other forms of exercise are accepted as well. The program will be self-paced and self-implemented to meet the personal needs of each person. It is a friendly competition to encourage fellowship while improving health.

We will meet May 1 @ 6:00 p.m. at the ECC to start the program and the program will end May 31 with a celebration party at the ECC. Each person will be responsible for keeping their own record of activity on the honor system. Methods of activity may include steps, miles or minutes of exercise. We will organize teams of 4-5. You may gather your teams and register as a group or we can form groups at the first meeting. At the first meeting, attendees will decide if participants want to set up scheduled group walks and meetings but most exercise will be at your convenience.

Cost: \$15 per person with \$5 supporting our ST. Paul's participants in the National LWML Mission River Walk to be held in Milwaukee, Wisconsin June 24. The rest of the proceeds from this event will go towards church operations. Preregistrations are encouraged but not required.

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Return this portion to the Church office along with payment

Registration

Name: _____

Address: _____

Phone: _____

Check: _____ Cash: _____ Date: _____

Daily prayers for May walking program 2023

May 1-For the Church-Merciful God, we humbly implore You to cast the bright beams of Your light upon Your Church that we, being instructed by the doctrine of the blessed apostles, may walk in the light of Your truth and finally attain to the light of everlasting life; through Jesus Christ, our Lord.

May 2-For the Mission of the Church-Almighty God, You have called Your Church to witness that in Christ You have reconciled us to Yourself. Grant that by Your Holy Spirit we may proclaim the good news of Your salvation so that all who hear it may receive the gift of salvation; through Jesus Christ, our Lord.

May 3-For our enemies-Almighty, everlasting God, through Your only Son, our blessed Lord, You commanded us to love our enemies, to do good to those who hate us, and to pray for those who persecute us. Therefore, we earnestly implore you that by Your gracious working our enemies may be led to true repentance, may have the same love toward us as we have toward them, and may be of one accord and of one mind and heart with us and with Your whole Church; through Jesus Christ, our Lord.

May 4-Return of the Wayward and erring-Almighty and most gracious God and Father, we implore You to turn the hearts of all who have forsaken the faith once delivered to Your Church, especially those who have wandered from it or are in doubt through the corruption of Your truth. Mercifully visit and restore them that in gladness of heart they may take pleasure in Your Word and be made wise to salvation through faith in Your Son, Jesus Christ, our Lord.

May 5-For church musicians and artists-God of majesty, whom saints and angels delight to worship in the heaven, be with Your servants who make art and music for Your people that with joy we on earth may glimpse Your beauty. Bring us to the fulfillment of that hope of perfection that will be ours as we stand before Your unveiled glory; through Jesus Christ, our Lord.

May 6-For women's organizations-Lord Jesus, in Your earthly ministry you were loved and served by devoted women, including Mary and Martha in whose home You enjoyed rest and refreshment. Give us grace to recognize and affirm the varied and singular gifts You bestow on women and especially upon LWML that Your kingdom may be extended, Your Church enriched, and Your people lovingly served to the glory of Your holy name; for You live and reign with the Father and the Holy Spirit, one God now and forever.

May 7-For men's organizations-Almighty and gracious God, in every age You have inspired men to labor, with hearts united, in Your kingdom. Continue to grant to the men of this congregation especially the elders and ushers faithfulness in serving You and upholding the truth of Your Word that they, together with us all, may respond to Your redeeming love in Christ Jesus by devoting themselves to seeking and doing Your holy will and following in the footsteps of our Lord Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, now and forever.

May 8-For Congregational meetings-Almighty God, direct and guide us by Your Holy Spirit both to plan and to accomplish those things that will benefit Your Church and glorify Your name; through Jesus Christ our Lord.

May 9-For Grace to receive the Word-Blessed Lord, You have caused all Holy Scriptures to be written for our learning. Grant that we may so hear them, read, mark, learn a, and inwardly digest them that, by patience and comfort of Your holy Word, we may embrace and ever hold fast the blessed hope of everlasting life; through Jesus Christ, our Lord. (148)

May 10-For Protection during the night-Lighten our darkness, O Lord, and by Your great mercy defend us from all perils and dangers of this night; for the love of Your only Son, our Savior, Jesus Christ.

May 11-For Life as a baptized child of God-Merciful Father, through Holy Baptism You called us to be Your own possession. Grant that our lives may evidence the working of Your Holy Spirit in love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control, according to the image of Your only-begotten Son, Jesus Christ, our Savior.

May 12-For the Holy Spirit-Almighty God, send Your Holy Spirit into our hearts that He may rule and direct us according to Your will, comfort us in all our temptations and afflictions, defend us from all error, and lead us into all truth that we, being steadfast in faith, may increase in all good works and in the end obtain everlasting life; through Jesus Christ, our Lord.

May 13-For Grace to use our gifts-Lord God almighty, even as You bless Your servants with various and unique gifts of the Holy Spirit, continue to grant us the grace to use them always to Your honor and glory; through Jesus Christ, our Lord.

May 14- For Proper use of wealth-Almighty God, all that we possess is from Your loving hand. Give us grace that we may honor You with all we own, always remembering the account we must on day give to Jesus Christ, our Lord.

May 15-For Proper use of leisure-O God, give us times of refreshment and peace in the course of this busy life. Grant that we may so use our leisure to rebuild our bodies and renew our minds that we may be opened to the goodness of your creation; through Jesus Christ, our Lord.

May 16-For control of the tongue-We pray You, O Lord, to keep our tongues from evil and our lips from speaking deceit, that as Your holy angels continuously sing praises to You in heaven, so may we at all times glorify You on earth; through Jesus Christ, our Lord.

May 17-For humility-O God, You resist the proud and give grace to the humble. Grant us true humility after the likeness of Your only Son that we may never be arrogant and prideful and thus provoke Your wrath but in all lowliness be made partakers of the gifts of Your grace; through Jesus Christ, our Lord.

May 18-For patience-O God, by the patient endurance of Your only- begotten son You beat down the pride of the old enemy. Help us to treasure rightly in our hearts what our Lord has borne for our sakes that, after His example, we may bear with patience those things that are adverse to us; through Jesus Christ, our Lord.

May 19-Answer to prayer-Almighty God, you have promised to hear the petitions of those who ask in Your Son's name. Mercifully incline Your ears to us who have now made our prayers and supplications to You, and grant that those things that we have faithfully asked according to Your will we may receive to meet our need and bring glory to You; through Jesus Christ, our Lord.

May 20-For peace in the world-Heavenly Father, God of all concord, it is Your gracious will that Your children on earth live together in harmony and peace. Defeat the plans of all those who would stir up violence and strife, destroy the weapons of those who delight in war and bloodshed, and, according to Your will, end all conflicts in the world. Teach us to examine our heart that we may recognize our own inclination toward envy, malice, hatred, and enmity. Help us, by Your Word and Spirit, to search our hearts and to root out the evil that would lead to strife and discord, so that in our lives we may be at peace with all people. Fill us with zeal for the work of Your Church and the proclamation of the Gospel for Jesus Christ, which alone can bring that peace which is beyond all understanding; through Jesus Christ, our Lord.

May 21-For home and family-Visit, O Lord, the homes in which Your people dwell, and keep all harm and danger far from them. Grant that we may dwell together in peace under the protection of Your holy angels, sharing eternally in Your blessing; through Jesus Christ, our Lord.

May 22-For those who are married-Most gracious God, we give thanks for the joy and blessings that You grant to husbands and wives. Assist them always by Your grace that with true fidelity and steadfast love they may honor and keep their marriage vows, grow in love toward You and foe each other, and come at last to the eternal joys that You have promised; through Jesus Christ, our Lord.

May 23-For care of children-Almighty God, heavenly Father, You have blessed us with the joy and care of children. Give us calm strength and patient wisdom that, as they grow in year, we may teach them to love whatever is just and true and good, following the example of our Savior, Jesus Christ, our Lord.

May 24-For young persons- Gracious Father, Your Son grew in wisdom and stature and in favor with God and all people. Bless, guide and govern the children and young people of Your Church by Your Holy Spirit, that they may grow in grace and in the knowledge of Your Word. Grant that they may serve You well and usefully, developing their talents not for their own sakes but to Your glory and for the welfare of their neighbor. Protect and defend them from all danger and harm, giving Your holy angels charge over them; through Jesus Christ, our Lord.

May 25-For the aged-Almighty God and gracious Father, in Your mercy look on those whose increasing years bring them weakness, anxiety, distress, or loneliness. Grant that they may always know care and respect, concern and understanding. Grant them willing hearts to accept help and, as their strength wanes, increase their faith with the constant assurance of Your love through Jesus Christ, their Savior.

May 26-For the sick-O Father of mercies and God of all comfort, our only help in time of need, look with favor upon Your servants. Assure us of Your mercy, deliver, us from the temptations he evil one, and give us patience and comfort in their illness. If it please You, restore them to health, or give them grace to accept this tribulation with courage and hope; through Jesus Christ, our Lord.

May 27-For restoration of health-Almighty and gracious God, we give thanks that You have restored the health of your servant, and for this blessing we praise Your name. Grant that they may continue joyfully through the days You have given them in this world and also share in eternal glory at the appearing of Your Son, Jesus Christ, our Lord.

May 28-For those who are lonely-Ever-present Lord, You have promised never to leave us nor forsake us but to abide with us to the end of time. Grant that those who live alone may not be lonely but find both comfort from Your promises and fulfillment in loving You and their neighbors all their days, through Jesus Christ, our Lord.

May 29-For birthdays-Heavenly Father, our times are in Your hands. Look with favor on us as we celebrate birthdays. Grant that we may continue to grow in wisdom and grace. Strengthen our trust in Your goodness and bless us with Your abiding love all the days of our life; through Jesus Christ, our Lord.

May 30-For Steadfast faith-Almighty God, our heavenly Father, because of Your tender love toward us sinners You have given us Your Son that, believing in Him, we might have everlasting life. Continue to grant us Your Holy Spirit that we may remain steadfast in this faith to the end and finally come to life everlasting; through Jesus Christ, our Lord.

May 31-For guidance in our calling-Lord God, You have called Your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go but only that your hand is leading us and Your love supporting us; through Jesus Christ, our Lord.